

The Patient. Above All Else. 2013 Annual Report



Dear friends,

The Patient. Above All Else. Our mission remains clear, and we are most grateful for your partnership in this perennial purpose. Thank you for your resounding demonstration of compassion for patient care, health education and clinical research through St. Luke's Foundation.

Our 2013 annual report highlights the enormous role you play in the comfort and care of our patients—from the smallest reliefs to transformative health care technology. Your hand is seen in the many ways St. Luke's is able to serve patients and families, including in St. Luke's Regional Cancer Center's Infusion Therapy Clinic expansion, our state-of-the-art simulation lab education center, in research for greener medical equipment and so much more. Our Foundation friends throw stones (*House of Hearts Curling Bonspiel*), walk (*Morgan Park Walk for Hope*), rock (*Women Rock*), swing (*golf tournaments*) and share their gifts in countless ways to help raise awareness and resources for those in need.

Through your generosity we are able to make a real difference in the quality of life throughout our region. We are humbled by your strong support, and every single day bear witness to the hope and high returns generated through your investment.

In Gratitude and Good Health,

Kim Keuning, Chair

Lunen zeterino

Catherine Carter Huber, Executive Director

John Strange, St. Luke's CEO

Mission

St. Luke's Foundation provides financial support to St. Luke's and the region it serves to advance patient care, health education and clinical research.









Greater comfort and privacy for St. Luke's patients during infusion therapy

Infusion therapy delivers medicine or nutrition intravenously. For cancer patients, it means spending hours in a treatment chair while receiving chemotherapy. St. Luke's Foundation's 10th Annual Circle of Light gala raised the funds to support the expansion of the infusion therapy clinic at St. Luke's Regional Cancer Center. The improvements were designed to enhance patient care, provide treatment for more patients and improve the clinic space.

Along with improvements to the patient care areas, the expansion also added three new physician offices, provided nurses with a new nursing station, satellite work pods and new flooring. Physicians and nurses now have more tools for patient care, the clinic can increase the number of patients treated each day, and patients can receive infusion therapy with greater comfort and privacy if they need it.

In addition to two private infusion therapy suites and a vital signs machine, generous donors also provided specific Fund-A-Need support for...

Semi-private infusion therapy areas Donated by:

Peter and Sally Sneve Rob and Diane Link in honor of Ron Franzen

Additional infusion therapy treatment chairs Donated by:

Dr. Mary Boylan and Patrick Maloney Tom and Carlyle Conrad Dick and Millie DeBolt Lizette and John Lawien Elisabeth C. Mason Dr. Scott and Sarah Mikesell Melissa Swor

Computers on Wheels Donated by:

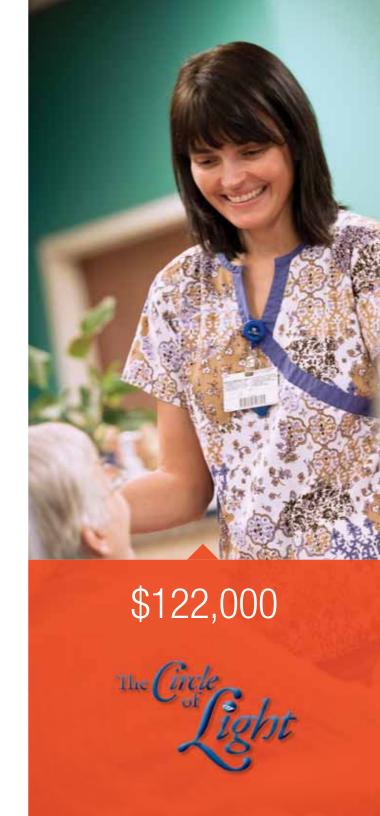
Dave and Cari McMillan Phil and Mary Sneve

IV Pumps Donated by:

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Televisions Donated by:

Doug and Jennifer Lewis
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Dr. Jeff and Kari Speer



Telemonitoring provides quality care for St. Luke's patients at home

In 2013, St. Luke's Home Care Services' experienced staff—including nurses; physical, occupational and speech therapists; social workers; home health aides; and homemakers—made more than 13,210 home patient visits and traveled roughly 190,500 miles. But they needed an additional tool, a wireless telemonitoring system, to help ensure they were available for patients who no longer had a land line telephone. Thanks to a generous \$50,000 grant from the Verizon Foundation, wireless monitors were provided for patient homes.

Each monitor:

Has stand-alone functioning similar to a cell phone

Monitors heart rate, blood pressure, weight and blood oxygen saturation

Gives patients clear and simple directions on how to measure vital signs

Provides reminders to patients and asks key questions, such as, "Are your ankles swollen today?"

Uses a secure data line to transfer patient information

Is monitored by a nurse in the home care office or after hours from their home

St. Luke's Home Care Services nurses received additional training on the system to:

Develop patient questions and specific patient parameters

Run customized patient reports

Home telemonitoring allows people to remain independent in their homes. People are more active participants in their care, and it gives families peace of mind, knowing that St. Luke's Home Care Services is monitoring their family member. Most importantly, it helps improve patient outcomes by allowing for quicker assessments and more timely medical intervention to decrease hospital readmissions.



Real-world learning with life-like patients: Simulation Lab Education Center

If you ever took first aid training in high school or college, you may remember Resusci Anne, the training mannequin designed to help people practice cardiopulmonary resuscitation (CPR). Resusci Anne was an early version of a human patient simulator. Today's human patient simulators use advanced technology to mimic realistic patient responses to medical situations. St. Luke's now has a state-of-the-art Simulation Lab Education Center, where health care professionals can practice critical care, cardiac care, emergency medicine, respiratory care, anesthesia and maternal child health care in a supportive learning environment.

Funds provided the education center with:

A realistic hospital room for interactive learning with two human patient simulators: an adult male and a baby

A control room for instructors to control medical situations and to observe and measure learner responses

Video and other technology that allows learners to view their actions and improve their skills

The courses are approved and accredited, and allow registered nurses, physicians, emergency medical technicians and paramedics to maintain their advanced care certifications in a realistic learning environment with life-like patients.



\$25,000

An anonymous gift in honor of the class of 1963, St. Luke's School of Nursing

5

Developing a new, cost-effective instrument for use by physicians

Video scopes are in common use across the St. Luke's system. Physicians and surgeons use them to diagnose and treat a variety of conditions. Each scope is not only expensive to purchase but also to maintain because it must be cleaned and sterilized after each use. Dr. Joseph Martinelli, St. Luke's Pulmonary Medicine Associates, thought there must be a way to create an affordable, multipurpose video scope with adaptable accessories. Working with the engineering department at the University of Minnesota Duluth, Dr. Martinelli and the team came up with a plan for video scope development. With the help of a St. Luke's Foundation grant, Dr. Martinelli and his team are ready to fabricate a next-generation video scope.

Grant funding provides:

Design for a portable, hand-based video scope, including:

- Ability to function with portable power supplies
- Capability for advanced video technology, with potential wireless use
- Adaptive, disposable components that can be used by multiple medical specialties and manufactured at low cost

This stage of research will result in the formal design and written specifications for a portable video scope. The project offers a unique opportunity for St. Luke's and UMD students to advance medical equipment, with the hope that the successful device will be manufactured and used to help patients not only at St. Luke's but worldwide.



\$14,454

Development of a nextgeneration video scope

2013 Event Highlights

Thank you to the many volunteers and participants who supported St. Luke's Foundation throughout the year at a variety of engaging events. Here's a sampling of some of the events:



12th Annual House of Hearts Celebrity Bonspiel



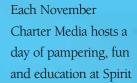
This annual bonspiel tournament raises funds to improve care for cancer and cardiac patients at St. Luke's. In 2013 the tournament raised over \$22,000 in support of new echocardiograph machines.



Northland Country Club Women's League: "Tee It Up for a Great Cause"

In its second year, this tournament raised \$3,050 to support St. Luke's Breast Center.







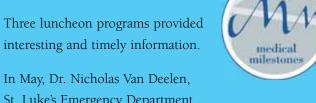


Mountain to demonstrate to our community that Women Rock in the Fight Against Breast Cancer. In 2013, \$33,248 (including proceeds from Como Oil & Propane's "Project Pink" propane truck) were raised for St. Luke's Breast Center.



Medical Milestones

Three luncheon programs provided interesting and timely information.



St. Luke's Emergency Department, presented Synthetic Marijuana in the Northland and discussed the abuse and impact on society, specifically in our region.

In October, Cassandra Beardsley, Executive Director, St. Luke's Regional Collaborative, discussed Accountable Care Organizations and how ACOs impact health care providers and patients.

In December, Scott Poupore-Haats, St. Luke's Mental Health Services, presented on Mindfulness-Based Stress Reduction to proactively manage stress, anxiety, depression and chronic pain.



Younkers Salon "Cut for a Cure"

The staff at Younkers Salon volunteered their time for an entire day, providing a full line of services to raise \$4,400 for St. Luke's Breast Center.



30th Annual Benefit Tournament

Featuring golf, croquet, tennis and bridge, the Benefit

Tournament is the Foundation's oldest fundraising event. Started in 1983, it takes place each July at Northland Country Club and raises money for St. Luke's Foundation's unrestricted grants program. In 2013, it raised more than \$54,000.



Annual Circle of Light



The Foundation's annual signature event celebrates health care excellence within St. Luke's and our community. A record crowd attended, raising more than \$122,000 to support the renovation and expansion of St. Luke's Regional Cancer Center's Infusion Therapy Clinic.







2013 St. Luke's Foundation Grants



10

ST. LUKE'S	ST. LUKE'S EDUCATION DEPARTMENT	ST. LUKE'S HILDING	
\$100 Celebrating the last baby born at St. Luke's in 2013 and the first baby born in 2014	Acute Coronary Syndrome Conference, funded in part by the John W. Brickson Memorial Lecture Fund	MEMORIAL MEDICAL LIBRARY Online subscriptions for the Dr. Anderson Hilding Memorial	
BAY AREA MEDICAL CLINIC \$3,120 Tympanometer Reach Out and Read program established with support from the Lloyd K. Johnson Foundation ST. LUKE'S BREAST CENTER \$99,522 Faxitron BioVision Surgical Specimen Radiography System Books that help children understand cancer	\$2,000 18th annual EMS professionals education and recognition event 9th Annual Regional Congress on Women's Health, funded in part by the Dr. Kay R. Lundberg Memorial Lecture Fund and the Dr. Donald and Leona Larson Fund \$14,472 Staff leadership development training with Cy Wakeman State-of-the-art Simulation Lab for training staff and other health care professionals, funded by anonymous donor in honor of St. Luke's Nursing	ST. LUKE'S INPATIENT REHABILITATION UNIT "Hospitality in Dining," a dining room for patients that is functional, aesthetically pleasing and homelike \$3,800 Recumbent cross trainer for isolation gym ST. LUKE'S INPATIENT MENTAL HEALTH UNIT \$10,000 Furniture replacement for patient lounge and group meeting areas	
understand cancer	Class of 1963		
ST. LUKE'S REGIONAL CANCER CENTER \$200 Lodging for patient families	ST. LUKE'S HOME CARE	ST. LUKE'S LABORATORY Continuing education for	
\$200 Lodging for patient families Regional Cancer Center Infusion Therapy Clinic Expansion Wigs for cancer patients facing hair			
\$200 Lodging for patient families Regional Cancer Center Infusion Therapy Clinic Expansion	ST. LUKE'S HOME CARE AND HOSPICE DULUTH® Wireless telemonitoring system for home care patients who no longer have a landline telephone, generously	\$358 Continuing education for Laboratory staff Chairs for Pathology Department	
\$200 Lodging for patient families Regional Cancer Center Infusion Therapy Clinic Expansion Wigs for cancer patients facing hair loss as a result of chemotherapy treatment Gas cards and lodging for cancer patients; cancer support group; support materials and maintenance of	ST. LUKE'S HOME CARE AND HOSPICE DULUTH® Wireless telemonitoring system for home care patients who no longer have a landline telephone, generously funded by the Verizon Foundation Ensuring hospice continues to offer palliative, personal, emotional and spiritual care for patients and their families regardless of the ability to	\$358 Continuing education for Laboratory staff Chairs for Pathology Department transcription staff LAKE VIEW MEDICAL CLINIC Reach Out and Read program established with support from the	

Portable communion set for home visits in memory of Evelyn Solberg

ST. LUKE'S MATERNAL CHILD HEALTH DEPARTMENT

\$188 \quad Cart and canvas wall photos

\$10,000 \times Maternity suite furniture

\$1,000 Acrylic write on/wipe off covers for overbed tables

\$200 \rightarrow Lodging for patient families

MILLER CREEK MEDICAL CLINIC

\$3,110 Vision screener

ST. LUKE'S PATIENT CARE SERVICES

\$7,500 Whiteboard communication for patient rooms

ST. LUKE'S PEDIATRIC ASSOCIATES

\$1,500 Reach Out and Read program support from the Lloyd K. Johnson Foundation

ST. LUKE'S PHARMACY

\$1,734 Continuing education for Pharmacy staff

P.S. RUDIE MEDICAL CLINIC

\$3,110 Vision screener

ST. LUKE'S PULMONARY MEDICINE ASSOCIATES

\$14,454 Design of a multi-attachment video scope

ST. LUKE'S RESPIRATORY CARE DEPARTMENT

\$1,023

Continuing education, training and educational materials on the latest respiratory care for therapists funded by the Douglas H. and Judith H. Lewis Memorial Fund of the Duluth-Superior Area Community Foundation

ST. LUKE'S SURGICAL SERVICES

\$1,718 Cardiac surgery education to prepare patients for surgery, ICU and cardiac care stays and rehab

ST. LUKE'S WOUND, OSTOMY AND CONTINENCE CLINIC

\$1,668 Electronic vital sign machine

AMERICAN HEART ASSOCIATION

\$1,000 Minnesota Mission Lifeline

THE COLLEGE OF ST. SCHOLASTICA

\$7,500 Scholarships for Health Science scholars

\$2,000 Volunteer Guild Memorial Scholarships for two students pursuing careers in health care

DRIVING 4 SAFE COMMUNITIES

\$5.000

\$1,000 Parenting the Teen Driver program

DULUTH FAMILY RESIDENCY PROGRAM

Partner support for educational ultrasound for medical residents preparing for full-scope primary care medicine in rural communities

EVA ERICKSON PETERSON MEMORIAL NURSING SCHOLARSHIP

\$500 Scholarship for a St. Luke's employee pursuing an RN degree or higher

FIRST WITNESS CHILD ABUSE RESOURCE CENTER

\$250 I Stand with Kids campaign to bring awareness to child abuse

GLADYS EKLUND MCKISSACK SCHOLARSHIP

\$1,000 Scholarship for a St. Luke's employee to finance educational goals in pursuit of a nursing career

LAKE SUPERIOR COLLEGE

\$3,750 Scholarships for Lake Superior
College Health Care Careers students

LAKE SUPERIOR MEDICAL SOCIETY ALLIANCE

\$4,000 Elementary School Health Fair

MESABI RANGE COMMUNITY AND TECHNICAL COLLEGE

\$6,250 Advancing Healthcare Education in Northeastern Minnesota: equipment for simulation lab

NORTHERN WATERS PARISH NURSE MINISTRY: PATHWAY TO WHOLENESS

\$1,000 Community outreach to encourage and support physical, emotional and spiritual well-being

PROJECT LINUS

\$2,950

Handmade quilts made by volunteers and given to pediatric patients in St. Luke's Emergency Department and Pediatric Unit

RED HAT RED HOT MAMAS CHAPTER #39569

\$50

Golf tournament tee signs

SECOND HARVEST NORTHERN LAKES FOOD BANK

\$1,000

BackPack program

SMALL THINGS FUND

\$787

Assistance to patients experiencing acute and/or emergent financial challenges

WHITESIDE INSTITUTE FOR CLINICAL RESEARCH

\$266,879

Advancing clinical research in the areas of cancer, lung and heart disease

\$788,016

2013 Total Grants Awarded









Donors of 10 or more years

St. Luke's Foundation is proud to present the following individuals, businesses and families and thank them for their continued contributions, touching our community for more than 10 years.

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We appreciate your generous support.

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Emma Haugen and her mother, Peggy Haugen: Morgan Park Walk for Hope

Twelve-year-old Emma Haugen and her mom, Peggy, organized the Walk for Hope for breast cancer patients in conjunction with the annual Morgan Park Community Picnic. Not only did the walk raise \$1,237, but Emma's efforts also earned her an additional \$1,000 Youth Service America grant. All proceeds were donated to St. Luke's Breast Center.

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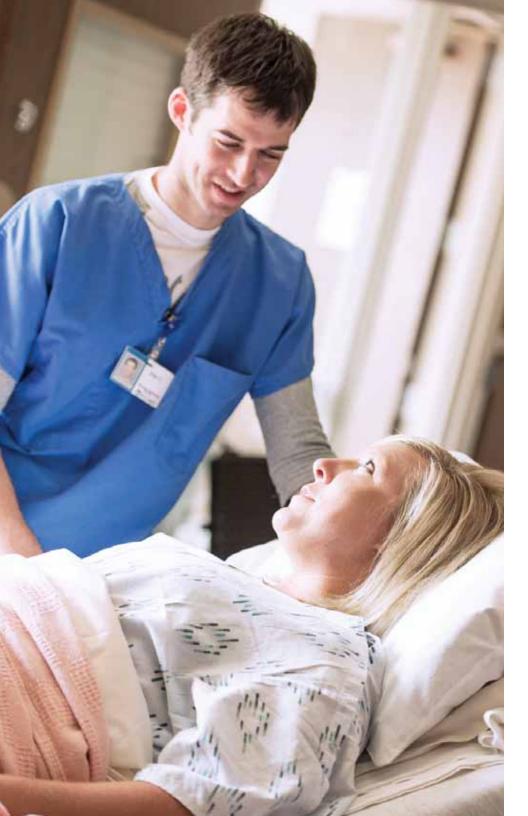
A \$5,000 grant from the Lloyd K. Johnson Foundation established Reach Out and Read programs at St. Luke's Bay Area Medical Clinic in Silver Bay and Lake View Clinic in Two Harbors. The Foundation also supported the current program at St. Luke's Pediatric Associates Reach Out and Read is an early childhood literacy program which provides free, developmentally appropriate books to children at their "Well Child" visits between the ages of six months and five years.

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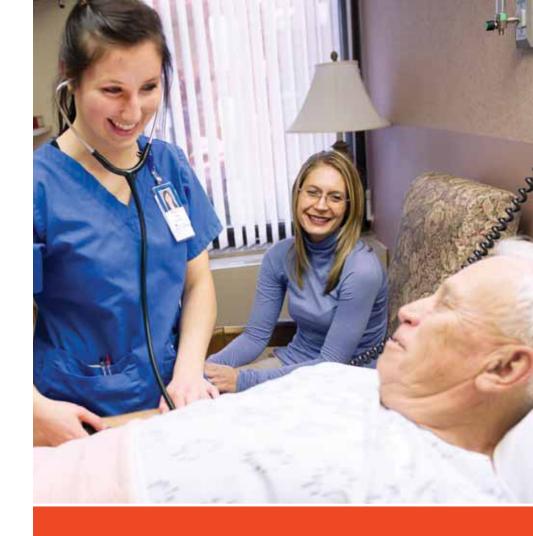
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If you want to restrict your bequest, please consult with St. Luke's Foundation when you make your will to be certain your intent can be accomplished.

GiftCalcs Planner



Giving online is easy. Visit **www.slhduluth.com** and click on the Foundation link. In addition to our online giving form, you'll find our GiftCalcs Planner, an interactive tool that lets you run sample gift calculations and their financial benefits to you.

For more information on how you can support the mission of St. Luke's Foundation, please call Catherine Carter Huber at **218.249.2420** or send an email to **ccarterhuber@slhduluth.com**. We would be honored to work with you to ensure that your wishes are carried out in the manner that best meets your needs. This information is not intended as legal, tax or investment advice. For such counsel, contact an attorney or tax or investment professional.





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Bottom Row L-R: Kim Keuning, Dr. Paul Sanford, Lizette Lawien, Del Prevost, Dr. Ted Harwood

Middle Row L-R: Dr. Susan Goltz, Catherine Carter Huber, Jack Seiler, Laurie Johnson, Becky Lindberg, Helena Jackson, Linda Krug

Top Row L-R: John Strange, JC Welles, Ed Hall, Scott Lyons, Eric Lohn, Bob Zallar Not pictured: John Cloutier, Tom Conrad, Helga Wallner

^{*} In memory of Caroline Bye who passed away in April 2014. Caroline served on the St. Luke's and St. Luke's Foundation boards (1995–2013). We honor her many contributions and selfless dedication to serving St. Luke's patients and families.

Staff List

Catherine Carter Huber

Executive Director and Chief Development Officer, St. Luke's Foundation

John Strange

St. Luke's President and CEO

Rebecca Lindberg

Development Associate, St. Luke's Foundation

Eric Lohn

St. Luke's Vice President and CFO

2013 Financials

37

\$1,101,132

2013 Donations

\$1,086,710 2012 Donations \$8,817,420

Laurie Johnson

Operations Coordinator,

St. Luke's Foundation

2013 Assets

\$7,648,024 2012 Assets \$788,016

2013 Grants

\$773,378 2012 Grants



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Above All Else.















1000 East First Street, Suite N102 Duluth, MN 55805

www.slhduluth.com/foundation

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