

Medication Safety Checklist

- Bring a medication list or the bottles themselves to your doctor appointment.
Include: prescriptions, over-the-counter, herbal or dietary medicines.
- Talk to your doctor and/or pharmacist about medications being prescribed to you.
Ask:
 - What is the name of the medication?
 - What does the medication treat?
 - What are the benefits of this medication to me?
 - What are possible side effects I should look out for?
 - Can this medication react with other medications, certain foods or beverages?
 - What does this medication look like?
 - How do I take it and how often do I take it?
 - Does it need to be taken before meals?
 - Does it need to be taken with food?
 - If I miss a dose, what should I do?
- Properly dispose of old medications that are no longer needed or have expired.
Consult www.wlssd.com/pollution_pharmaceutical.php for local drop-box sites.
- Double-check your medicine before you leave the pharmacy. Talk to the pharmacist if you have any concerns.

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